Prelude

Historic records show us that mixed construction systems were developed in the early ages of civilizations and that man learnt to build his home using earth and vegetal structure, thus giving rise to interesting forms of dwellings, showing intelligent building cultures.

Today in different parts of the world we can appreciate this building heritage and we can also examine its continuity, despite the attacks of nature, especially earthquakes.

This alternative form of building (structure and filling) is known under different names according to different regions: in Peru “Quincha”, in Cuba “Cuje”, in El Salvador “bahajareque”, “pao pique” in Brazil and “tabiquería” in other countries. There is thus a wide variety of types or forms of building across the world but which all share the same characteristic.

It is proven that wattle and daub and similar construction materials resist earthquakes satisfactorily and that its physical and mechanical properties are suitable. Recent earthquakes (for example in Central America) are witness to this and scientific studies carried out confirm the efficiency of this building system.

The aim of this construction handbook is to provide theoretical and technical support for use by building engineers, construction workers and all those who decide to build their own house.

The handbook is divided into three main parts:

1 - Earthquakes: how they origin, how they affect houses and a definition of anti-seismic houses.

2 - Raw materials: all the main raw materials used to build wattle and daub constructions (wood, bamboo or similar materials and earth).

3 - Anti-seismic construction: the design, implementation and different stages of construction.

Furthermore, an appendix is included with details of the “La Semilla: Wattle & Daub - Ceren” project and its development.

We have structured the handbook in this way so as to give the builder or dweller a clearer idea of the reasons for the dimensions, form and building technique, which although initially may have certain limits, also provide a more earthquake resistant house.

A house is only considered anti-seismic once it has satisfied all the required parameters: correct design, quality of the ground, quality of construction and building materials.
The earth dates back approximately 4.5 million years. Since this period the internal mass of the earth has been constantly moving, transforming the continents. The globe has a radius of 6,400 km and consists of several successive layers. If we look at a cross-section, we will see: the nucleus, the mantle and the earth’s crust.

There are several plates on the earth’s crust, they differ in the way they behave: some move apart, others collide and others simply move one on top of another. These plates move slowly at an average speed of 1 cm to 15 cm per year. These movements produce deformations which lead to forces which exceed the resistance of materials and free accumulated energy. This is what generates EARTHQUAKES.

**SEISMIC PRINCIPLES:**

<table>
<thead>
<tr>
<th>Initial position</th>
<th>Seismic action</th>
<th>Return to initial position</th>
<th>Final position</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1" alt="Initial position" /></td>
<td><img src="image2" alt="Seismic action" /></td>
<td><img src="image3" alt="Return to initial position" /></td>
<td><img src="image4" alt="Final position" /></td>
</tr>
</tbody>
</table>

*Structural response*
When an earthquake occurs, a house is shaken by vertically oscillating movements, horizontal forces and torsion, all at the same time. The house will respond according to its characteristics: its shape and type of material. To understand this better we shall separate these three movements.

**Horizontal forces**

Seismic waves make the ground vibrate creating horizontal forces in the construction which is shaken, rocked, deformed and demolished. This bending and tearing of the wall loosen it and make it slide with regard to the foundation.

**Vertical oscillation**

This is another type of oscillation which occurs during an earthquake. Its effects are minimum, only heavy parts are affected, such as arches, columns, roof structures, and also projecting parts like balconies and eaves, etc.

**Oscillation with torsion**

Finally, oscillation with torsion is the result of horizontal movements of the ground together with lateral forces. The effects of torsion are more or less important depending on the shape of the construction, for example irregular shaped houses where the centre of gravity does not coincide with the centre of rigidity will be more exposed to damage.
THE EFFECTS OF AN EARTHQUAKE ON A HOUSE

To face an earthquake, a house must satisfy minimum technical requirements, correctly using materials and optimizing the design. For example, some features should be avoided, such as: irregular shaped houses in terms of size and height.

Other examples of features to be avoided include:

- "T" and "C" shaped buildings,
- Loose roof beams,
- Houses without wall bases,
- Structures with heavy roofs,
- Constructions built on slopes,
- Wide spaces between the walls.
An anti-seismic house is a house built using a series of appropriate building and design techniques so as to resist an earthquake. The cube shaped house is the basic principle which guarantees anti-seismic resistance, from which we shall develop the necessary technical structural steps.

**THE CUBE, an anti-seismic geometrical shape**

**Sequence of structural priorities**

**Main symmetric structure**

**Foundations and ring beams**

**Secondary structure**

**bracing**

**layout grid and Filling**

**Anti-seismic house**
SELECTING LAND FOR BUILDING

Building a house requires a suitable decision with regard to choosing the land. Several basic criteria for recognition are needed: flat and dry land with a hard surface is appropriate. It is better to avoid unsuitable areas for building: reservoirs, cliffs, areas close to rivers, on former mines, on landfill sites, etc. If a house is built correctly but on unsuitable ground, the result is the same as a bad construction.

Cliffs made of soft or crumbly ground, clay loam, deposits of materials, etc. are not suitable for building houses.

It is not advisable to build a house at the bottom of a cliff with a perpendicular face and with large crevices since these may worsen the effect of an earthquake.

In the event of an earthquake the presence of water provokes a “liquefaction” effect leading to a total collapse of the ground ruining the construction.
EARTH AS A BUILDING MATERIAL

ORIGIN: Earth comes from the mechanical and chemical erosion of the parent rock. This rock disintegrates into mineral particles with varying dimensions from pebbles to clayey dust.

This “organic” soil is reserved for agriculture. The other layers are used for construction.

In the upper layer these particles are mixed with organic material from the decomposition of the living world.

There are several different types of earth according to the quantities of the following components:

GRAVELLY EARTH – SANDY EARTH – SILTY EARTH – CLAYEY EARTH

PROPERTIES OF EARTH

Plasticity  Cohesiveness  Compactability
HYDRIC STATE, COHESION & STABILISING

HYDRIC ACTION:

As the earth absorbs water (between 20% and 30% according to the type of ground), its state changes.
There are 4 basic states:
DRY – HUMID - PLASTIC - LIQUID:

Mortar is produced in its PLASTIC state. This enables panels to be fitted easily since it penetrates better and will adhere to the cane.

COHESION PROPERTIES

To prepare the mortar for filling the wall sections the COHESION property is used which works in two phases:

Phase 1: The earth absorbs water and the clay begins to inflate. This is a long process which requires time.

Phase 2: The earth dries, the volume of the clay decreases attracting to it the other components which are completely dry and tied.

If there are no gaps between the grains, then once dry the earth is able to resist the force of compression in the order of 3MPa.

STABILISING

When the earth is very clayey there is an excessive risk of cracking once dry, the necessary quantity has to be achieved since the presence of clay enables it to stick better between the cane:
If the earth is very clayey, it can be corrected by:
- increasing the amount of sand so as to reduce cohesion,
- mixing with straw with the aim of limiting the size of cracks.
ANALYSIS OF THE SOIL

AIM: Through simple field tests check whether the ground is suitable for producing adobe bricks. These tests show us the features of the ground. To check its components or granulometry: handling – smell, its plasticity: the “cigar” its cohesion: the “patch”. The results of these tests show us the quality of the earth.

HANDLING – SMELL

ORGANIC earth – Gives off a smell.
SANDY earth - Rough, crumbly, not very sticky
SILTY earth - Fine, easy to reduce to dust, sticky.
CLAYEY earth – Difficult to break, slow to dissolve in water, very sticky and fine.

-Convenience:
The best is to find both sandy and clayey earth.
Take care with silty earth because once dry it does not resist water.

THE “CIGAR”

Less than 5 cm. TOO SANDY
More than 20 cm. TOO CLAYEY

- Remove the gravel from the sample.
- Moisten, mix and allow the earth to settle for half an hour until the clay can react with the water.
- The earth should not dirty your hands.
- On a board, mould a cigar with a 3 cm diameter and 20 cm long.
- Slowly push the cigar onto one edge.
- Measure the length of the piece which comes away.
- Carry out this operation 3 times then calculate the average length.

CONVENIENCE:
Between 7 and 15 cm of good earth.

THE PATCH

Re-use the earth from the previous test in its plastic state.
Mould 2 patches using a plastic tube or similar object.
After drying:
- Observe any retraction that occurred.
- Assess the resistance of the earth by breaking and crushing between the thumb and the index finger

SUGGESTION.
Check directly on the wall section after drying outside: type of cracks, adherence and cohesion.
WOOD

Wood is one of the resources of tropical rain forests. It is the most abundant renewable resource and could help solve the housing problem. It is physically and mechanically very resistant and is accessible for the population provided that it is used rationally.

Cutting: Wood should be cut when its gum content is lowest (full moon) and during the dry season. This reduces the possibility of attacks by insects. After cutting, it should be allowed to rest with its bark on a dry floor for approximately 30 days, taking care not to bend.

Drying: After cutting, the wood must be dried to improve its technological properties and dimensional stability, and also to eliminate any remaining gum. During this process dimensional changes take place which can lead to defects in the part. Another function of drying is to obtain a product where the level of humidity is comparable to that it will acquire once used.

Drying outside on the ground in a horizontal pile

Drying outside resting vertically

Drying methods: outside or natural drying and artificial drying
- Outside: Do not directly expose to sunlight. Place on clean, open ground with good drainage. Various forms possible: horizontal, resting vertically or by the ends.
- Artificial drying: Do not rely on natural temperature, humidity and ventilation, use special equipment (kilns). This method reduces drying time and the wood will take on very low levels of humidity

Preservation: The aim of protecting or immunising wood is to modify its chemical composition making it poisonous or repellent to biological elements. Protectors may be pure chemical composites or mixtures and must penetrate significantly. To do this the wood must be dry and already cut

Preservation methods: application or by pressure.
- application with a brush, spraying, immersion, hot or cold bath.
- by pressure the protector is applied using pressure different from that of the atmosphere using an autoclave.

Terminology for use

1 foot = 12 inches = 30.48 cm
1 inch = 2.54 cm
POLES - Cane / Bamboo

Classified in botanics as *graminae* or grass, these species with vertical, cylindrical and hollow stems provide a series of physical and mechanical features which enable them to be used in construction. It is an accessible material and easy to work with simple manual methods.

**Cutting.** The most suitable time: during the dry season, waning moon and adult age depending on the species

**Recommendations for cutting:**
- Cut between 30 and 40 cm above the ground and after knots.
- If to be used as part of the structure cut when adult.
- Cut “cleanly” so as not to damage the stem, use a sharp instrument.
- After cutting a period of preparation is required during which the gum will be removed from inside the stem. To do this you will need to leave the sticks in the field where cut vertically, without removing any branches and avoiding contact with the ground, between 4 and 8 days.

**Preservation:** Gives the sticks durability. Consists of taking advantage of the spaces between the inside fibres to deposit germicides, fungicides and insecticides for exposed poles, for poles embedded in the walls you will only need to eliminate any starch and sugars which may remain inside.

To do this there are several possible methods:
- By immersing in a preservative solution (salt, lime or hot asphalt) for 5 hours or simply in clean water for a month, changing the water every day.
- “Boucherie” procedure tying the stems to a high deposit with preservative.
- Filling the stems, filled in on one end, with preservatives.

**Drying:** Needed to avoid deformations, cracks, and dimensional changes. Living organisms cannot live in cane with a level of humidity below 15%. The resistance properties increase in cane with a low level of humidity.

Can be dried outside or under a roof with open walls, for 60 days, also using a heater or an open fire (2 to 3 weeks), taking care to keep under control so as not to make the wood crack.
SETTING OUT

The first operation carried out when beginning to build the house consists of tracing out the design on the ground. It is important the house is correctly traced out since this will condition the success of the following steps of construction.

1- **Vertical level.** Using a transparent hosepipe and water:
   - check the % of difference in ground level
   - set the height of foundations
   - transfer the heights from one side to the other.

2- **Tracing out.** Once the ground has been prepared: clean and level out. Using temporary stakes and string trace a line AB which we shall refer to as the “master” or reference line.

To trace the orthogonal line CD (right angle) to the “master” line, use the 3,4,5 method, ie. make a right angle using a decametre.

Situate the cross point, set point D and draw the string towards point E aligning the previously defined right angle.

The next orthogonal line EF is traced out in the same way as above.

Finally, line GH parallel to the master line, before taking the required distances.

**Fitting the stakes and barriers**

Once the area has been demarcated, check if the angle is correct on all 4 sides by measuring the two diagonals A1=A2.

Then fit the definitive stakes with the aim of defining the axis and width of the foundations and the wall with the house’s definitive dimensions.

The points are then marked out on the ground for tracing out and digging, using a plumb bob and string.

**Width of foundations**

**Marking out the limits of the trench**

**Axis of foundations**
The purpose of the foundations is to transfer the load of the construction onto the ground. The weight of the structure must be suited to the load capacity of the ground which must furthermore be stable. The structure must also be correctly joined and anchored to the foundations.

**PROBLEMS - PATHOLOGIES:** inadequate foundations

- Flooding
  - The foundations need to be solid and the wall base must be approximately 20cm above the level of the ground on the outside in order to avoid:
  - the wall absorbing humidity when it rains.
  - flooding if the level of the inside floor is lower than outside.
  - If the above occurs the walls will be weakened and will easily in collapse the event of an earthquake.

- Absorption of humidity

**TYPES OF WALL BASE & FOUNDATIONS**

The type of material used for the foundations will depend on the availability of material, its cost and implementation time.

- **Foundations:** column embedded in the concrete.
  - The minimum width of the foundations will be 40cm.
  - Nevertheless it is advisable to use a ratio 1.5 times the width of the wall.

- **Wall base with concrete blocks (39x19x14cm) or similar material and concrete filling.**
  - The minimum height will be 20cm.

- **Foundations Cyclopean concrete**
  - 3/8" iron anchor
  - wooden support

- **Foundation with wooden column fixed to the concrete wall base.**
Traditional wattle and daub consists of a structure made from cylindrical wood or bamboo (guadua) filled with earth and straw inside a double structure made from bamboo strips or thin canes.

**Details of the support-column**
- Anchoring nails
- Beam
- Column

**Corner junction**
- Column

**"T" junction**
- Filling

**"+" junction**
- Bamboo layout grid

**Wall cross-section**
- 5cm bamboo battens
- Nail with head
- Filling
- Plaster

**Details of the wall structure**
- Beam
- Split bamboo or cane
- Earth / straw filling and underlay
- Finishing coat

**Standard elevation for wall**
- 120 - 150 m
- Beam
- Position of the pole section
- Post Ø 15 cm
- Wind brace

**Foundations**
- Wall base
STRUCTURE & FILLING - Conventional Wattle & Daub

This type of wattle and daub is a more modern version of traditional wattle and daub and is the most widely used. It has sections of cane or bamboo poles fixed with wires and nails to a sawed wooden structure which enables a better finished assembly.

- **Corner junction**
- **"T" junction**
- **"+" junction**

**Detail of cane fastening**
- Abutting
- Cane poles
- Nails and wire

**Detail of anchorage of lower plate to foundation**
- Abutting
- Lower beam
- Connecting iron

**Standard elevation for wall**
- Abutting
- Intermediate posts
- Upper beam
- Position of the section of poles
- Wind brace
- Lower beam

**Detail of the wall structure**
- Beam
- Earth / straw filling and underlay
- Cane or bamboo poles
STRUCTURE & FILLING - Prefabricated Panels

The "Quincha" prefabricated panel is a sawed wooden frame, filled with interwoven cane or bamboo battens, inserted in such a way that they are self-anchoring. After being assembled these panels are walls which will be plastered with earth and straw mortar with an initial layer and then a thin finishing layer. The advantage of prefabricated panels is that they enable the panels and the structure that will carry them in the wall to be made at the same time, thus reducing assembly time.

Inside wall junction

Corner junction

"+"junction

Junction between panels

Detail of the anchorage of panels to the foundations

Fixation to the panel with 2.5 mm galvanized wire

Foundation

Detail of the wall with prefabricated panel

Wattle and daub filling

Finishing coat

Wall base

Standard wall panel

Dimensions mm
- P.1 = 240x10x2.5
- P.2 = 120x10x2.5
- P.3 = 115x5x2.5
- P.4 = 60x5x2.5

Cross-section 1-1

Elevation
**ROOFING STRUCTURES**

The roof: the structure and cover behave like a diaphragm (rigid and flexible) which resists flexion and breaking.

A house in an area prone to earthquakes requires a light roof which distributes its load evenly on the walls.

The eaves also need to be considered part of the wall's protection and should neither be less than 50cm nor greater than 1m.

**MICRO-CONCRETE TILES**

Micro concrete tiles better insulate the inside environment from heat and the noise of rain.

However they require a uniform structure and a greater number of battens.

12.5 units of tiles are needed for one square metre of roofing.

**CORRUGATED PANELS**

Corrugated sheets, (Zinc) are easy to fit onto a house and are also economical, but they let heat and noise in. Once it is perforated the entire panel needs to be replaced.

For a 1.20m² roof 1 panel is required.
PLASTERING

Treatment applied to the surface of the wall with the aim of protecting it against the weather and use. Also used to make the house more aesthetic. A wall protected by facing will be in better conditions in the event of an earthquake.

Plastering includes several steps:

1. Preparation:
   Clean the wall in order to eliminate any loose soil or sand, to guarantee the adherence of the plastering to the wall section. If the wall is wet, you should wait a while so that any water inside the wall can evaporate and be absorbed.

2. The underlay:
   Used to level out the wall’s imperfections and so it can receive this finishing layer. The thickness of this layer will be between 8mm and 20mm. The mortar must have the following proportions:
   1 part of earth at 5mm diameter.
   2 parts of sand (which go through the 5 mm mesh)
   1/3 of straw cut into 3cms strips.

3. “Incisions”
   Before the first layer dries, “incisions” are made using a metal brush or nails. This improves the adhesion of the second layer onto the first.

4. The second layer: “the finish”.
   An aesthetic thin seal or protective layer, added once the first layer is completely dry. The thickness is between 1 and 2mm. The mortar will approximately be:
   1 part of earth (which goes through the 2mm mesh)
   3 or 4 of fine sand.
   When making the plaster it is important to test different mixes, changing the proportions until the right mix which does not crack and which is resistant is achieved.

5. Sealing
   Use a sponge making circular movements then wait for between 15 and 20 minutes before using a dry paint brush in straight movements, the aim is to seal the surface.
   Alternatives: there are other alternatives and combinations.
   Lime and sand,
   Lime, sand, earth,
   Chalk and sand,
   Chalk, lime and sand
CEREN REINFORCED WATTLE & DAUB HOUSE

This proposal is based on an ancestral technique developed by the former inhabitants of the so-called Joya de Ceren in El Salvador. Archaeological remains are witness to their presence, where we can examine the building forms and techniques used.

As a result of his visit (1995) to this archaeological site, the author decided to develop a new proposal based on the building techniques of this civilisation and adapt them to contemporary methods and materials, especially bearing in mind the earthquake factor. Later on, the first experiments were carried out at the CRATerre research centre in France.

In 2001 a prototype called "La Semilla " was created within the framework of the "El Salvador house reconstruction programme" under the responsibility of MISEREOR and FUNDASAL. The advantages and efficiency of this system were examined on the field system, which may solve housing problems, were.

One of the features of this proposal is to eliminate wood, (thus avoiding cutting it down indiscriminately) to make the house structurally resistant and easy to build. This proposal is known as "BAHAREQUE-CEREN" in honour of the pre-Hispanic culture and to be witness to the continuity of a building culture.

Arch. Wilfredo Carazas Aedo
DEVELOPMENT OF "LA SEMILLA"

The dimensions of the house were developed using a model known as "La Semilla", which satisfies anti-seismic conditions. The successive enlargements were developed from this model.

The size and growth of the house will depend on economic conditions, availability of materials and time. If these conditions already exist we can go directly to the last step.

**LA SEMILLA**
Living area = 10.24 m²

**INTERMEDIATE HOUSE**
Living area = 32.32 m²

**COMPLETE HOUSE**
Living area = 44.2 m²

**NOTE:** These forms are not the same as a rectangular or "L" shaped house. Here it is the sum of models correctly supported.

**IMPORTANT.** The area for cooking is not considered because traditionally it is located in an annexe. If conditions are favourable "La Semilla" can be considered as a kitchen.
GROUND PLAN FOR FOUNDATIONS & WALL BASE

After laying the foundations and fitting the columns, the wall base is made which will consist of one layer of hollow concrete blocks. The vertical supports are then fitted at the given distances.

Quantity of blocks 39 x14 x19 or similar = 30 blocks per cell
The cyclopean concrete foundations will be 25 cm wide x 40 cm high
To make the next part more comprehensible, we have classified the poles according to their length, followed by the quantity needed for each cell.

### Horizontal poles

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Dimension</th>
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<tbody>
<tr>
<td>V-1</td>
<td>80 poles</td>
</tr>
<tr>
<td>V-2</td>
<td>80 poles</td>
</tr>
<tr>
<td>V-3</td>
<td>40 poles</td>
</tr>
<tr>
<td>V-4</td>
<td>40 poles</td>
</tr>
<tr>
<td>V-5</td>
<td>200 poles</td>
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</table>

### Vertical poles

<table>
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<th>Quantity</th>
<th>Dimension</th>
</tr>
</thead>
<tbody>
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</tr>
<tr>
<td>V-b</td>
<td>12</td>
</tr>
<tr>
<td>V-c</td>
<td>4</td>
</tr>
<tr>
<td>V-d</td>
<td>4</td>
</tr>
<tr>
<td>V-e</td>
<td>4</td>
</tr>
<tr>
<td>V-f</td>
<td>4</td>
</tr>
<tr>
<td>V-g</td>
<td>8</td>
</tr>
<tr>
<td>V-h</td>
<td>12</td>
</tr>
</tbody>
</table>

### Contravientos:

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Dimension</th>
</tr>
</thead>
<tbody>
<tr>
<td>60</td>
<td>0.90 m</td>
</tr>
</tbody>
</table>

Allow the main poles to project outside for future expansion of the house.
**CROSS SECTION A-A**

- Roof anchorage: iron 3/8" (40 cm)
- Crossbeam "C" (220 cm)
- Iron tube (40 cm)
- Micro concrete tile (30 cm)
- Floor, paved and covered with sand and cement (19 cm)

**LEFT LATERAL ELEVATION**
FARMHOUSE WITH 21.28 M2 LIVING SPACE

GROUND PLAN OF THE HOUSE

ELEVATION
To set the columns use a plumb to make sure they are vertical, hold them temporarily with braces.

Always cut cane after knots.

The poles are fastened with a flexible material, such as galvanised wire or treated plant fibre.

After defining the position of the vertical poles fix them. If you use hollow concrete blocks these can be taken advantage of.

Detail of connection between the corner column and the horizontal canes.
After justalling all the vertical poles, and before fixing the horizontal ones, the fasteners should be fixed. It is advisable to first fill the columns with wattle and daub mortar followed by the walls. The separation between the horizontal bars should be between 6cm and 8cm.

After fitting the horizontal poles at a height of up to 50 cm, it is advisable to first fill the columns with wattle and daub mortar followed by the walls. The separation between the horizontal bars should be between 6cm and 8cm. Detail of covering of iron ring (diameter 1/4"), with concrete mortar to make the column rigid.
SEQUENCE FOR THE INSTALLATION OF POLES

These are fitted and fastened to the vertical poles first from left to right in the same direction.

They are then fastened to the poles in the other direction.